



GITHANJALI PUBLIC SCHOOL

Proudly Presents



45TH COIMBATORE SAHODAYA INTER SCHOOL



FRIDAY 9th AUGUST 2024 &
SATURDAY 10th AUGUST 2024
7.00 AM ONWARDS

 **GITHANJALI PUBLIC SCHOOL**

Last date for registration
31st July 2024



SCAN QR FOR LOCATION



 +91 7373700180

 infogps55559@gmail.com

 www.githanjalipublicschool.com



45TH COIMBATORE SAHODAYA SCHOOLS COMPLEX

INTERSCHOOL THROW BALL TOURNAMENT FOR GIRLS 2024-25

HOSTED BY

GITHANJALI PUBLIC SCHOOL, COIMBATORE



Date: July 16th, 2024

To

The Principal

Dear Sir/Madam,

Sub: 45th Coimbatore Sahodaya – Interschool Throw Ball Tournament (Girls) 2024-25 reg.

Githanjali Public School is delighted to extend our warm invitation to your school as we are hosting 45th Coimbatore Sahodaya Interschool Throw ball Tournament for girls for the AY 24-25. The Tournament will be held on 9th & 10th August 2024.

The Tournament will be held for the following **age categories of U – 14 Years, U – 17 and U – 19**. The Tournament will be organized in accordance with rules and regulation set by the Throw Ball Federation of India. We kindly request you to confirm your school's participation by duly filling the entry forms and forwarding the same to the following address by post/courier on or before **31st July 2024** and request you to email the scanned copies of the same at the earliest.

Postal Address:

Githanjali Public School,

SF.No.383/1, Near Codissia Fair Grounds,
Peelamedu, Coimbatore -641 004

Email Id: infogps55559@gmail.com

Contact Person: Mr. Manigandan

Contact No: 7373700180, 6369223300

Certificate of participation will be awarded to all the teams, while trophies will be presented to the winners and runners up and the best player under each category during the closing ceremony.

Please find the details of the tournament, schedule, entry forms, mandatory documents, rules and regulation, food requirement etc. attached herewith this circular. Please feel free to call us if you have any further queries.

We eagerly await your positive response and participation. Let's celebrate the spirit of sportsmanship and create good memories for young participants.

Look forward to welcoming your team.

Best wishes

S G Kavita
Principal



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DETAILS OF THE TOURNAMENT

- Fixture Meeting : Friday 2nd August 2024 & Time: 2.00 Pm
- Date of the Tournament : 9th Friday & 10th Saturday August 2024
- Reporting Time to venue : 7.00 am
- Venue : Githanjali Public School, Peelamedu.
- Age category : Under 14 years – Born on or after 01.01.2011
Under 17 years – Born on or after 01.01.2008
Under 19 years – Born on or after 01.01.2006

ENTRY FORMS GUIDELINES

- The scanned copy of duly filled Entry form must be mailed to our email ID **infogps55559@gmail.com** at the earliest and original Entry forms and the copy of Birth Certificate of each player should reach our school by post / courier on or before **Wednesday, 31st July 2024.**
- Separate entry forms for each category – U 14, U17 & U19 must be sent.
- A player can take part only in one category for which she is eligible.
- On the spot entries / changes will not be entertained. Whatsoever the reason may be.
- All the entry forms must be signed by the Physical Education Director and the Principal of the respective schools.
- Postal delays or oral communications will not be considered as an excuse for accepting late entries.
- Player should be accompanied by a Manager / Coach approved by the Principal.
- Acknowledgement mail will be sent soon after we receive the entry forms. The participating school must confirm that their entry forms have reached us before the last date. Please contact us on 7373700180 if you have not received the acknowledgement mail from us.
- Parents & Unauthorized persons will be strictly prohibited from entering the school campus.

MANDATORY DOCUMENTS

- Each participant must wear school ID Card duly signed by the Principal.
- The participating school must submit a Bonafide Certificate duly signed by the Principal.
- A photograph of the team (Category wise) taken with the Principal and Team Manager duly signed by the Principal, with the school seal must be submitted along with entry forms.
- The team must bring photocopy of Birth Certificate of every player for verification.

DISQUALIFICATIONS

A Player / Team may be disqualified for the following reasons,

- Misbehaviour on the ground.
- Use of abusive language.
- Misbehaviour with officials / opponents.
- Any malpractice in the given details.

THROWBALL RULES & REGULATIONS

TEAM PLAYERS AND SUBSTITUTION:

- The Teams can have total 9 Players and 3 Substitutes.
- The Resubstitution is allowed.

RULES & FOULS:

SERVICE: A player should serve the ball by palm within 5 seconds after the whistle of the referee without touching the end line.

- The server should not enter the court before ball crosses the net.
- The ball shall be served by using any of the skill above the shoulder level in one course of action
- Jump service is allowed. But player should not enter the court before ball crossing the net.
- Change of position of players is allowed once the ball is released from the servicing player hand. But the player should occupy their original position once the rally is completed.
- **JUGGLING:** Ball slipping in hands at the time of receiving
- **SHIFTING:** Player shifting the ball from right side to left side or left side to right side during play is called Shifting
- **BODY TOUCH:** While throwing/returning/receiving the ball should not touch any part of the body.
- **DELAY:** A player should not keep the ball more than 3 seconds and should not rest in the hands during the game.
- **CLASH:** Catching the ball simultaneously by two or more players is a clashing and it is a foul.
- **DEAD BOX:** A player while receiving or returning the ball to the opponent court, no part of the body should touch the box line.
- While in play the ball falls on the box line or inside the box line is foul.
- **MOVEMENT:** A player can't take more than one step in a position. A player after receiving the ball is permitted only one step
- **RECAPTURE:** If a ball slipped or rebounds unintentionally from the hands of any one player, another player can catch the ball and return to the opposite court before the ball touches the ground. The same player cannot catch the ball for the second time.
- **REBOUND:** A ball rebounding or bouncing from the net can be received by another player is not a foul
- **FOUR IN A ROW :** Standing more than 3 Players in a row before the service is foul
- **ROTATION FAULT:** Change of position before service of the players is also a foul.

SCORING:

- Each set of match is consisting of 15 points
- The Matches will be best of 3 sets if both teams won 1 set each on the 3rd deciding set the court has to change on 8th point with the same rotation order
- In case of 14 all, the play is continued until two congestive points lead gained by a team.
- After 16 all, the team scoring the 17th points wins the set with only one point of lead.

PUNISHMENT:

- Yellow card- participant/s who is violating the rules and misconducts, during the game shall be warned with the yellow card as warning.
- Red card-Participant/s who is committing the mistake repeatedly and exhibit any type of misbehaviour which is not tolerable will be shown red card and will not be allowed to participate in same match and also for another one official match next to this one.

BREAKFAST & LUNCH

Kindly fill in the Google Form link given below for food and refreshments needed for your school.

GOOGLE FORM LINK: <https://forms.gle/7a8MnEGjR3upBXkL8>



FOOD COURT

GOOGLE FORMS

NOTE:

- Food / Refreshment will be arranged only to the participants those who have submitted requirement form along with registration details on or before **Wednesday 31st July 2024.**
- Please note: Complimentary snacks and lunch will be provided to school PET's, Coaches and Managers accompanying the students.



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Date: 9th & 10th August 2024

Reporting time: 7:00 am

ENTRY FORM

Name of the School :

Email ID :

Team Manager :

Contact No. :

Age Category : Under/14 Under /17 Under /19

S.NO.	EMIS NO.	NAME OF THE STUDENT	GRADE	D.O.B.	SIGNATURE
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					

Date:

Physical Director's Sign

School seal

Principal's Sign